

Mental Addition and Subtraction

Before writing out a calculation, it's always good to check if there is a quicker way to solve it **mentally**.

Mentally means 'in your head', or without writing things down.

The most useful tool for this is knowing your **number facts**. These are the basic calculations (like 7 + 5 = 12) that you know by heart!



Mental strategies

You can always **extend number facts** that you already know to find more!

Let's use the example of 12 + 24 = 36.

Add/subtract by the

Find the inverse operations

$$13 + 23 = 36$$

+10 +10

$$1.2 + 2.4 = 3.6$$

$$120 + 240 = 360$$

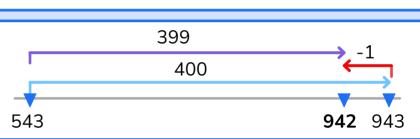
$$\times 10 \times 10 \times 10$$

÷10

÷10

Use **rounding** to calculate **additions** with numbers that are almost round!

If we need to add 399 to 543, we can add 400 instead, and then subtract 1 to adjust our calculation back to 399.



Use rounding to calculate subtractions with numbers that are almost round!

Let's say we want to find 827 - 190. We can round 190 up to 200 to make this easier! We just need to add 10 to 827 so the difference stays the same!

$$827 - 190 = ?$$

$$+10 + 10$$

$$837 - 200 = 637$$



Given that 329 + 112 = 441, work out the answer to:

Example Question



ones in the number fact.

We know that 329 + 112 = 441. We can use this as a number fact!

Let's compare this to the calculation we need to solve.

We can see that the two numbers being added are 10 times bigger than the

3

The new calculation still isn't exactly right. What else is different?

We need to subtract 50 from the first number to get 3,240. This means we also have to subtract 50 from the sum!

$$\sqrt{-50}$$
 $\sqrt{-50}$ 3,240 + 1,120 = **4,360**

3,290 + 1,120 = 4,410



The correct answer is 4,360!

$$329 + 112 = 441$$
 $3,290 + 1,120 = 4,410$
 $2-50$

3,240 + 1,120 = 4,360

We started by increasing the place value

Then we subtracted 50 on both sides